

Red Wine Stain Removal

Your quick-reference cheat sheet for fabric & carpet

RULE #1: SPEED WINS

Blot immediately — never rub. Rubbing pushes wine deeper into fibers and spreads the stain outward.

FABRIC METHOD (4 STEPS)

1. Blot up excess wine with a clean cloth or paper towel.
2. Flush cold water through the back of the fabric.
3. Dab on a mix of dish soap + hydrogen peroxide. Let sit a few minutes. (Spot test first.)
4. Rinse with cold water, then launder. Confirm the stain is gone before drying — heat sets stains.

DRIED STAINS

Soak in cold water + enzyme-based stain remover for 30+ minutes before washing. For stubborn spots, apply a baking soda & water paste, let it dry, then brush off before laundering.

CARPET METHOD

1. Blot up as much wine as possible.
2. Sprinkle salt or baking soda to absorb remaining liquid.
3. Vacuum once fully dry.
4. Treat any leftover color with dish soap + white vinegar + warm water, or a carpet-safe stain remover.

QUICK-GRAB FIXES, RANKED

Method	Best For	Effectiveness
Dish soap + peroxide	Fresh fabric stains	Excellent
Baking soda paste	Dried stains & carpet	Very Good
Salt	Immediate absorption	Good (first aid only)
Club soda	Fresh, minor stains	Fair
White wine	Common myth	Not effective

PREVENTION TIPS

Keep a stain-remover pen on hand at gatherings • choose darker linens for wine-heavy events • treat spills the same night, never let them sit overnight.

